

## High School Menu

### Week 1

	Breakfast	Grill Court	Country Court	Italian Court
Monday	Pancakes Cereal Poptarts Variety of fruit	Hamburger or Pulled pork Sandwich*, Broccoli Normandy, Mixed Vegetables, Variety of fruit	Chicken Tenders, Corn, Zucchini, Roll, Variety of fruit	Pepperoni Pizza*, Broccoli, Peas & Carrots, Variety of fruit
Tuesday	Breakfast Pizza Cereal Poptarts Variety of fruit	Pizza Quesadilla, Carrots, Cauliflower, Variety of fruit	Chicken Fried Steak, Mashed potatoes, Gravy, Broccoli, Mixed Vegetables, Roll, Variety of fruit	Meatball Sub, Baked Beans, Corn, Salsa, Variety of fruit
Wednesday	Pancake Wrap w/ Turkey Sausage Cereal Pop tarts Variety of fruit	Beef & Cheese Nachos, Spanish Rice, Pinto Beans, Zucchini, Salsa, Variety of fruit	Chicken Smackers, White Beans, Peas & Carrots, Roll, Variety of fruit	Spaghetti, Corn, Italian Blend Vegetables, Garlic Breadstick, Variety of fruit
Thursday	Biscuits & Turkey Sausage Cereal Poptarts Variety of fruit	Hot & Spicy Chicken Burger, Turnip Greens, Baked Beans, Variety of fruit	Meatballs & Brown gravy, Brown rice, Carrots, Tuscan Blend vegetables, Roll, Variety of fruit	Beef Lasagna, Carrots, Tuscan Blend Vegetables, Grape Tomatoes, Garlic Bread, Variety of fruit
Friday	French Toast Sticks Cereal Poptarts Variety of fruit	Hamburger or Pulled Pork Sandwich*, Carrots, Grape Tomatoes, Mixed Vegetables, Variety of fruit	Chicken nuggets, Green Beans, Sweet Potatoes, Grape Tomatoes, Variety of fruit	Pizza, Corn, Green Beans, Variety of fruit

Menu subject to change due to availability of food items. \*May contain pork. Variety of milk served daily. Students must pick up a ½ cup of fruit at breakfast and ½ cup fruit or vegetable at lunch. Meal applications & payments can be completed online by selecting Child Nutrition link @ [www.pngisd.org](http://www.pngisd.org). Sweet treat Court serves Entrees, Snacks & Drinks Daily. If you have questions about this menu, please contact Deborah Poirier @ [dpoirier@pngisd.org](mailto:dpoirier@pngisd.org) or Paula Brickerd @ [pbrickerd@pngisd.org](mailto:pbrickerd@pngisd.org).

## High School Menu

### Week 2

	Breakfast	Grill Court	Country Court	Italian Court
Monday	Muffin & Yogurt Cereal Poptarts Variety of Fruit	Hamburger or Pulled pork Sandwich*, Broccoli Normandy, Mixed Vegetables, Variety of fruit	Chicken Tenders, Sweet Peas, Zucchini, Roll, Variety of fruit	Pizza, Broccoli, Peas & Carrots, Variety of fruit
Tuesday	Breakfast Pastry Cereal Poptarts Variety of Fruit	Steak sandwich, Carrots, Cauliflower, Variety of fruit	Steak fingers, Mashed potatoes, Gravy, Broccoli, Mixed Vegetables, Roll, Variety of fruit	Meatball Sub, Baked Beans, Corn, Carrots, Variety of fruit
Wednesday	Breakfast Bread Cereal Poptarts Variety of Fruit	Beef & Cheese Nachos, Spanish rice, Refried Beans, Carrots, Salsa, Variety of fruit	Chicken Smackers, White Beans, Peas & Carrots, Roll, Variety of fruit	Spaghetti, Corn, Italian Blend Vegetables, Garlic Breadstick, Variety of Fruit
Thursday	Eggs & Toast Cereal Poptarts Variety of Fruit	Hot & Spicy Chicken Sandwich, Turnip Greens, Baked Beans, Variety of fruit	Meatballs & Gravy, Brown Rice, Carrots, Mixed Vegetables, Roll, Variety of fruit	Chicken Rotini Alfredo, Tuscan Blend Vegetables, Broccoli Normandy, Garlic Breadstick, Variety of fruit
Friday	Honey Bun Cereal Poptarts Variety of fruit	Hamburger or Pulled pork Sandwich*, Corn, Grape Tomatoes, Mixed Vegetables, Variety of fruit	Chicken nuggets, Green Beans, Sweet Potatoes, Grape Tomatoes, Roll, Variety of fruit	Pepperoni Pizza*, Mixed Vegetables, Grape Tomatoes, Cauliflower, Variety of fruit

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